

**Your Roll No.....**

Name of the course : Master of Physical Education (M. P. Ed.)  
Paper No. : MPE-703(x)  
Name of the paper : Game of Specialization-Judo  
Semester : I-December-2024

Duration: 3 Hours

Maximum Marks: 50 Marks

**Instructions for students**

- Write your Roll No. on the top right side Immediately on the receipt of this question paper)
- Attempt any five questions. All questions carry ten marks.

- Q1. Write a note on origin, historical prospective, development and modern trends of Judo in India and world
- Q2. Explain the Physical, physiological and psychological preparation of Judo players.
- Q3. Write note on training for beginners of judo.
- Q4. Discuss Energy requirement of Judo players.
- Q5. Discuss the technique classification of judo.
- Q6. Discuss qualifications, responsibilities and functions of different technical officials for judo competition.
- Q7. Write a note on training of high performer of Judo.
- Q8. Explain the Nutritional guidelines for Judokas at pre, during and post judo competition phases.